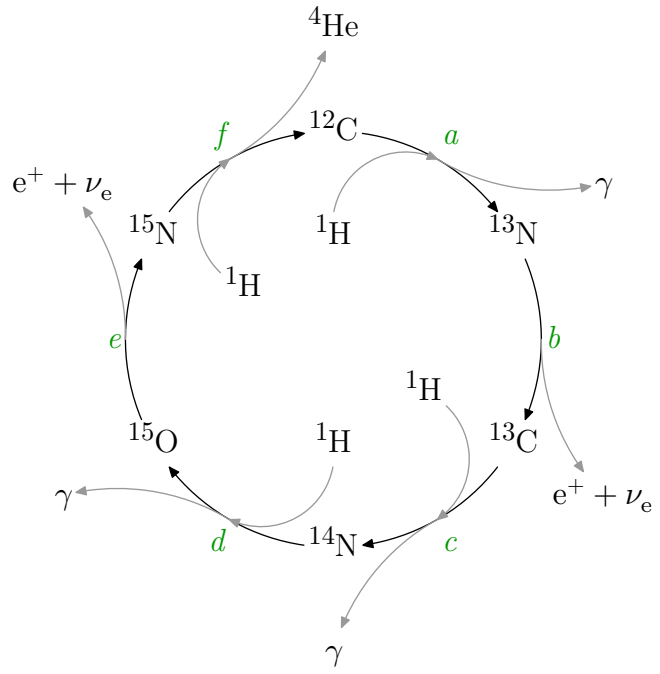
^{4}He
^{12}C
a
γ
^{1}H
^{13}N
b
^{13}C
^{1}H
c
γ
^{14}N
^{1}H
d
γ
^{15}O
e
$e^{+} + \nu_{e}$
^{15}N
^{1}H
f
$e^{+} + \nu_{e}$